

# The Caspari Foundation

Helping Vulnerable Children to Learn

## MA IN EDUCATIONAL PSYCHOTHERAPY

### OUTLINE OF PROGRAMME

#### Aims of Programme

1. To provide training in educational psychotherapy, a mode of treatment for those who's learning has been inhibited by emotional and social factors.
2. To enable the trainees to deepen their understanding of the emotional factors in learning.
3. To award a professional qualification in Educational Psychotherapy.

#### Programme Membership

This training is open to teachers, educational psychologists and others with substantial experience in education including learning mentors and youth workers. The programme will be relevant to people working in a variety of settings where they encounter individuals with specific areas of learning failure.

#### Fees

Course fees are currently £3,200 per year, inclusive of registration fee to Middlesex University and supervision fees.

Caspari Foundation membership is extra at £35.

Course fees by arrangement with Caspari may also be paid monthly.

#### Location and Time

The seminars are held at Caspari House, 1 Noel Road, London NI 8HQ on Thursday evenings, 6.15 – 9.00pm.

### PROGRAMME CONTENT AND STRUCTURE

#### Evening Seminars

There are eight main courses of seminars within the four-year programme. The programme is taught by various experienced practitioners who work with children, including educational psychotherapists, child psychotherapists and child psychiatrists. The work related to each course is separately assessed by a marked written assignment.

These courses are:

- Baby Observation (based on discussion of students' regular observations)
- Attachment Theory
- A Psychodynamic Approach to the Assessment of Learning Difficulties
- The Inner World and Creative Expression
- Nursery Observation (based on students' discussion of regular observations)
- Group and Family Dynamics
- Work Discussion (based on student's discussion of work they are currently undertaking)
- Conscious and Unconscious Processes in Mental Functioning
- Research Methodology (short course, included each year)

### **Clinical Placement**

Students will attend a Child and Adolescent Mental Health Centre, or a Child Psychiatric Clinic, for one day each week (or two half days), during term time for at least two years. Here the student will be expected to:

- Work with at least two children individually, on a regular sessional basis, carrying out educational psychotherapy.
- Have weekly individual supervision sessions on this work from an approved supervisor. This may take place elsewhere if necessary.
- Gain experience of working as a member of a multi-disciplinary clinical team.
- Attend case conferences and meetings.
- Gain contact with other agencies, such as schools, special units, centres for children with special educational needs and social services.
- Avail him/herself of the opportunity to engage in joint/parallel multi-disciplinary teamwork with family members.

### **Assessment of Clinical Work**

The educational psychotherapy practice in the placement is assessed on the basis of reports from the educational psychotherapy supervisor and placement clinic.

### **Educational Psychotherapy Case Study**

The ninth marked written assignment is an educational psychotherapy case study based on the work with one of the supervised educational psychotherapy cases.

### **Time Commitment**

Thursdays evenings 6:15 - 9 pm for four academic years of 3 x 10 week terms per year.

In alternate years, one hour per week will be spent observing a baby/young child.

Approximately two hours per week will be needed for writing up notes on practical work.

Time for relevant reading will also be required.

The placement will be from the second year and will last for at least two years. The placement will be one day per week or two half days.

Placement will be individually arranged by Caspari and will be in a location convenient for the trainee.

### **Personal Psychotherapy**

An experience of personal psychotherapy is a requirement for the course. It is expected that trainees will begin therapy at least six months before beginning the supervised practice of educational psychotherapy. We recommend that students not already in therapy start looking for a psychoanalytical therapist in their first term.

### **MA or Post-Graduate Diploma in Educational Psychotherapy**

This is an MA modular course validated by Middlesex University. Trainees present a dissertation when they have completed the four year programme of seminars and will be awarded an MA.

It is also possible to opt for a Diploma in Educational Psychotherapy when a trainee has successfully completed the four year programme and does not intend to present a dissertation.

### **UKCP Registration**

The Caspari foundation is a full member of the UK Council for Psychotherapy. All students i.e. Diploma and MA who have successfully completed the requirements of the course and satisfied the programme board as to their suitability to be educational psychotherapists working with children will be recommended for registration with the UKCP. They will then be entitled to work independently as educational psychotherapists, or in schools, NHS centres and other institutions.

### **Barbara Lyndon**

Programme Leader