

Caspari Foundation Newsletter

Issue 02 June 2018



Welcome to Issue number two of the Caspari Foundation newsletter which includes details of the EPIC Dissemination Conference in July, future CPD trainings and items relating to the new GDPR and UKCP reaccreditation.

We hope you find it useful and if you are interested in making a contribution to the Caspari Newsletter or if there is something you would like to see included please get in touch with Patricia Reid at patriciafrances@yahoo.co.uk.

Have a good summer everyone.

Patricia Reid
Editor

In this issue

EPIC Dissemination Conference

Our Big Lottery Funded project ends in July, come and see what we've achieved

GDPR

New data regulations came into action on 25 May. Learn about them here.

New CPD trainings

Developed with the support of the Sir Halley Stewart Fund we have three new trainings

UKCP Reaccreditation

Information on applying for re-accreditation with UKCP

Job Opportunity

PAC-UK has a job opportunity which may be of interest.

Networks

Read about a Network that's meeting up near you

Applications are now open for 2018 entry to the **Caspari Certificate in Therapeutic Teaching** and **Advanced Diploma in Educational Psychotherapy**. Forms can be downloaded from the [website](#).

For more information please contact lynsey@caspari.org.uk

EPIC Dissemination Conference 2018

Date: Saturday 7 July

Time: 9:45am- 4pm

Location: Resource for London. N7 6PA

Cost: £35

The Caspari Foundation, supported by the Big Lottery, is delighted to announce the dissemination conference for the EPIC (Educational Psychotherapy In the Community) project.

EPIC is a 3-year funded project which aims to improve young people's well-being, capacity to learn, engagement with school and relationships with others. We deliver therapeutic group work in primary and secondary schools and train school staff to be able to run groups themselves, creating a sustainable model.

The dissemination conference will include presentations and discussions on:

- Case studies
- Videos from children and young people
- Panels involving trained facilitators and senior school leaders
- Outcomes and evaluation
- And how schools can access this resource in future.
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To book your ticket today please visit [Eventbrite](#) or [email flora@caspari.org.uk](mailto:flora@caspari.org.uk)



New General Data Protection Regulation (GDPR)

By Patricia Reid

The new GDPR came into force on the 25th May 2018 and replaces the existing DPA. The new GDPR brings greater accountability for those handling personal data. If you are in private practice it is important that you read the [UKCP Guidance](#) to ensure that you are compliant with how you hold and use client information.

And while there, it is also worth a look at the UKCP guidance on its [Annual Registrant Sample Audit](#).

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New CPD Trainings

The Caspari Foundation has launched 3 new CPD trainings, developed as a result of generous support from the Sir Halley Stewart fund.

Transitions: a one-day training for school staff (developed by Maggie Scott)

How can you minimise the impact of transitions for children and young people in your school? On this one-day training course from the Caspari Foundation, you can develop an understanding of what factors can aid a smooth transition and what issues a young person who struggles with change might have.

From reaction to reflection: managing challenging behaviour and group dynamics (developed by Luke Palmer)

This is a one-day course exploring how to manage challenging behaviour and group dynamics in a therapeutic way. It explores how feelings affect learning and that greater understanding of this can increase the effectiveness of learning and teaching.

An introduction to Educational Psychotherapy (developed by Sophie Jubb)

What is Educational Psychotherapy? Where did it come from? How can it be used to work with children and young people in school? This new Caspari course answers these questions and more, giving attendees an introduction to the theoretical concepts underpinning this specialist therapy as well as practical tips they can take back to the classroom.

For more information on how to book your place please visit our [website](#)

Watch this space for another new course coming soon, **An introduction to Supervision** developed by Gloria Condon. To register your interest please email flora@caspari.org.uk



UKCP Re-accreditation

By Patricia Reid



A reminder that you need to apply for re-accreditation every 5 years. When you apply, you will be asked to provide evidence of your clinical, supervision and CPD hours. To save yourself long evenings searching for paperwork, CPD certificates, calendar of supervision hours etc, going back 5 years, keep on-going records and keep them safe.

It may also be worth taking a look at the [UKCP CPD Policy](#) published 2015:

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Job Opportunity

Sessional Education and Well-being Worker - London

Salary: £30p/h with travel paid at £15p/h where applicable

Working Hours: As and when required

Locations: PAC-UK London Office, with travel across the London and South East region

The opportunity has arisen for Sessional Education and Well-being Workers to join our dedicated team in London to help support the essential work we offer to adopted and permanently placed child and adolescents, in partnership with the school and parents/carers.

To be successful, you will have:

- A professional qualification in the field of child/family or creative arts therapies, psychology, social work and registration with the relevant professional body e.g. HCPC, BACP, UKCP, UKRCP.
- A professional qualification in the field of education/educational psychology and registration with the appropriate body.
- Additional training to work specifically with children and families if this has not been your core training.
- Experience, knowledge and skills in working with adopted or looked after children, their families, carers and professionals

To apply please visit www.pac-uk.org.uk/about/vacancies

Closing date: 13 June 18

Networks

In our February issue we mentioned the **North London Forum (NLF)** who have been meeting since May 2017. Please see Feb issue for details.

South West and West London are now served by the recently resurrected **SWEPT**. Our ambition is to meet the first Monday of every other month. We are a small group at the moment and would welcome new participants. Our final meeting for this academic year was the 4th June but we will be back together on Monday, 1st October. If you might be interested (or know someone who might be) please get in touch with Trisha Reid at patriciafrances@yahoo.co.uk.

Recommended reading: The Many Faces of Shame by Donald L .Nathanson *Guildford Press, London*

By Patricia Reid

This is not a newly published book (1987) and I came across it while involved in a CPD training. I found it a resource of value and return to it many times. The book's aim is to '*demonstrate the centrality of shame as a primary source of human discomfort and make it and the related emotions all but impossible to overlook*' (Nathanson, 1987). In our work we experience children who show a reduction in interest, excitement and enjoyment in their learning and this well-written collection of essays helps in our understanding of the part shame plays in their inhibitions.