

Registration with UKCP

The Caspari Foundation is a full member of the United Kingdom Council for Psychotherapy. Diploma and MA students who have successfully completed the requirements of the course and satisfied the Caspari Foundation programme board as to their suitability to be therapists working with children, will be recommended for registration with the UKCP. They will then be entitled to work independently as educational psychotherapists, or in schools, NHS centres and other institutions.

Other courses

To find out more about our work including other courses please visit our website at www.caspari.org.uk. Trainees might also be interested in "Reaching and Teaching" - our part-time, two-term course which introduces educational psychotherapy to teachers, learning mentors, special needs assistants and others working with children who have learning or behavioural difficulties.

For further information and application forms please visit our website or contact:

Tel: 020 7704 1977
Fax: 020 7490 8570
email: admin@caspari.org.uk
www.caspari.org.uk

What is Caspari Foundation?

Caspari Foundation is an independent charity that helps children and young people overcome emotional, learning and behavioural difficulties. It has been the leading provider of educational psychotherapy since 2000. Educational psychotherapy was developed by Irene Caspari, principal psychologist at the Tavistock Clinic, London.

At the Foundation we use tried and trusted ways to measure the effectiveness of what we do. All our therapists have many year's experience of teaching young children with emotional learning difficulties, have received specialist training in educational psychotherapy and are registered with the United Kingdom Council for Psychotherapy.

Please don't hesitate to get in touch if you would like to find out more. Our team are more than happy to answer any questions that you might have.

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For emotional
wellbeing and learning



MA in Educational Psychotherapy



Post-graduate Diploma in
Educational Psychotherapy

validated by Middlesex University

MA/PG Diploma in Educational Psychotherapy

Every child matters but how do we understand what matters for each child?



Educational psychotherapy is a highly effective way of supporting children with emotional and behavioural barriers to learning which hold back their educational and social development.

We offer a four-year part-time course for trained teachers, educational psychologists and others with substantial experience in education who want to work as a qualified educational psychotherapist.

What new skills will I learn?

The basis of the work is in attachment and psychoanalytical theory and the application of these ideas in an educational context. Trainees who successfully complete the course can expect to develop a high level of understanding of children and young people with emotional, behavioural and learning difficulties, and to develop therapeutic skills in working with them.

Opportunities for educational psychotherapists include working with children and with small groups in school, facilitating nurture groups and working in advisory teams.

Who should apply?

People from a wide range of backgrounds find the course important in developing their skills and knowledge. This course is for you if you are a classroom teacher in a mainstream or a special school, educational psychologists, learning mentor, nurture group practitioner or a teacher in a specialist unit or support service for children with behavioural or learning difficulties. Educational psychotherapy is also suitable for teachers working with individual or small groups of children in an educational, mental health or private setting.

Programme content and structure

This is a masters level programme comprising eleven modules.

- 1 Baby observation
- 2 Nursery observation
- 3 Work discussion A
- 4 Work discussion B
- 5-6 Clinical and school based placement
- 7 Group and family dynamics
- 8 Conscious & unconscious processes in mental functioning
- 9 The inner world & creative expression
- 10 Attachment theory; A psychodynamic approach to the assessment of learning difficulties
- 11 Dissertation

Entry requirements

- You must be a qualified teacher with a minimum of two years' teaching experience
OR
- Have achieved an appropriate level of academic achievement together with substantial experience of work in an education setting.

You must also successfully pass an interview and be able to provide appropriate references.

Fees

Course Fees are £3,250 per annum (inclusive of registration fees to Middlesex University and supervision fees). Please ask about flexible payment options. Alternatively many people use the government's Career Development Loan scheme. Payment also entitles you to free membership of Caspari Foundation and a range of member benefits.

Location

Seminars take place at Caspari Foundation (although we reserve the right to alter the venue as necessary).

Time commitment

The course takes place over four academic years, each comprising three 10-week terms, with a new intake each autumn. During term-time, one evening a week (Thursdays, 6-9 pm) is spent attending seminars.

From the second year, one day a week (or two half days) will be spent in a placement, where the trainee will obtain practical experience in educational psychotherapy. The placement will last for at least two years.

In alternate years, one hour per week will be spent observing a baby/young child.

Trainees also need to allow time for writing up notes, reading and to prepare seven pieces of formal written work and two practical written tasks.

Personal psychotherapy

An experience of personal psychoanalytic psychotherapy is a requirement for the course. It is expected that this will begin in the first term of the course and continue throughout the training.

The practical placement

A practical placement will be individually arranged for each trainee. The placement usually takes place in a Child and Adolescent Mental Health Service centre but can also be school-based. Trainees will be expected to gain experience of:

- working with at least two children individually
- having weekly individual supervision sessions
- working as a member of a multi-disciplinary clinical or school team
- attending case conferences and meetings
- engaging in joint/parallel multi-disciplinary team work with family members
- gaining contact with other agencies