

CASPARI FOUNDATION SUPERVISION POLICY

Scope of the Policy

This policy confirms the critical importance of supervision and its role in the working practices of qualified Educational Psychotherapists (EPTs) and EPT trainees. It also details the requirements for EPTs wishing to become accredited supervisors for the Caspari Foundation (CF) and thus entitled to offer professional supervision to both students on the Advanced Diploma course or to qualified and practicing Educational Psychotherapists.

United Kingdom Council for Psychotherapy (UKCP)

The following is the UKCP's formal statement on the definition and purpose of supervision:

Supervision is a formal process in which a qualified or trainee psychotherapist or psychotherapeutic counsellor regularly presents his or her client work to a designated or chosen supervisor as way of enhancing their practice through careful reflection on the process.

The main purpose of supervision is to ensure the efficacy of the therapist's psychotherapy practice which, in turn, will enable a therapist to work towards the best possible psychotherapy practice for their clients.

Supervision is conducted within a formal working relationship. But it can take different constructs such as in groups, on a one-to-one basis, by telephone, by internet, in writing or by video.

The Caspari Foundation is an Organisational Member (OM) of the UKCP and an UKCP accredited training organisation. The Caspari Foundation is a member of the College for Child and Adolescent Psychotherapies (CCAP). Because the Caspari Foundation's Advanced Diploma in Educational Psychotherapy is a child psychotherapy training, our training and our Educational Psychotherapy UKCP accredited members are governed by all standards set out by the CCAP.

Accordingly, all CF policies are written to ensure compliance with both the overarching requirements of UKCP and the specific requirements of the CCAP. Qualified EPTs are required to familiarise themselves with all aspects of this supervision policy and the requirements of the UKCP CCAP.

Reference Documents:

- **College for Child and Adolescent Psychotherapies (CCAP) Supervision document updated July 2022**

- **UKCP Standards of Education and Training - Child Psychotherapy (2019) Sections 6.6 – 6.13**

Qualified Educational Psychotherapists

EPTs must commit to the ongoing processes of Continuing Professional Development (CPD), sufficient to sustain their level of competence to practice and to satisfy the requirements of the Caspari Foundation five-yearly reaccreditation process. Caspari Foundation EPT members should familiarise themselves with the CF CPD Policy.

Practising Educational Psychotherapists CF members are required to comply with the requirements of the UKCP CCAP and be familiar with the **CCAP Supervision Document July 2022** regarding receiving supervision for their own work, and to keep such records as are necessary to properly carry out their duties to the client and comply with reaccreditation requirements. EPTs may choose supervisors who are non-UKCP registrants but must be aware of the rules regarding this in section **2.6** of the CCAP Supervision Document.

Trainees – Students on Advanced Diploma in Educational Psychotherapy

All training organisations are required to work under the auspices of the UKCP CCAP training standards for child psychotherapy regarding the clinical supervision of trainee psychotherapists.

Students on the Advanced Diploma course are required to attend clinical supervision as set out in the Student Handbook and Accreditation Policy. Caspari Foundation recommends weekly clinical supervision. Said supervision must meet the UKCP CCAP minimum requirements – see table below.

Level of Experience	Ratio supervision hours: no. clients	Minimum frequency
Trainees – first 100 hours of clinical practice placement	1 hour : 4 client hours	1 hour / 2 weeks
Trainees – subsequent 350 hour of clinical practice placement	1 hour : 6 client hours	1 hour / 2 weeks

Reference Documents:

- **UKCP Training Organisations – Checklist**
- **Caspari Foundation Guidelines for Clinical Supervision of Students (2019)**
- **Caspari Foundation Continuing Professional Development Policy (2022)**
- **Caspari Foundation Reaccreditation Policy (2022)**

- [College for Child and Adolescent Psychotherapies Supervision Document \(updated July 2022\)](#)
- **Caspari Foundation Accreditation Policy (2023)**

Caspari Accredited Supervisors – eligibility and training

Training organisations are required to have suitable and transparent means of selecting qualified and experienced practitioners as training supervisors, including minimum requirements of experience. Organisations must be able to account for the process by which decisions about selecting training supervisors are made.

EPTs who wish to become accredited Caspari Supervisors must:

- Have 3 years post qualifying experience as an Educational Psychotherapist.
- Attendance at and completion of the Caspari Foundation Supervision Training Course - **OR** - Attendance at and completion of another appropriate certified supervision training.
- Evidence of formal participation in a Grandparenting into Supervision process:
3 years post qualifying experience, evidence of modality specific supervision in the specified ratio of client contact hours/supervision, evidence of bi-monthly Grandparenting supervision with a Caspari Foundation registered supervisor for a minimum of 1 year, one page summary of experience relevant to the role of supervisor

Caspari Course for Supervisors

Candidates who wish to apply for the Caspari Foundation Course for Supervisors must be able to demonstrate:

- 3 years post-qualifying experience, a statement from their current supervisor and evidence of minimum requirements for their own supervised practice.
- In addition, applicants will be asked to write a one-page summary of their reasons for wishing to become a supervisor and how their experience is relevant to the role.

Following training, CF accredited supervisors must:

- Ensure they comply with supervision requirements for their own supervision work as they would for other clinical work, i.e.: have supervision for their own supervision work with trainees or qualified EPTs.
- Ensure they participate in appropriate CPD to keep up to date with developments in the field of supervision, as well as specific developments in child psychotherapy and EPT.

Reference Documents:

- **UKCP Practice Guidelines for Supervisors (2018)**
- **Criteria for The Caspari Foundation Accredited Supervisors (2020)**
- **An Introduction to Supervision (CF course leaflet)**
- **[College for Child and Adolescent Psychotherapies Supervision Document](#)**
- **UKCP Standards of Education and Training - Child Psychotherapy (2019), Sections 6.6 – 6.13**