

# The Caspari Certificate in Therapeutic Teaching

## Course information 2025/26

## Course details

Qualification: The Caspari Certificate in Therapeutic Teaching

Duration: 1-year part time

Level of study : Equivalent to FHEQ Level 7

Delivery: Year 1 online

Tuition fees: Year 1- £4500,

Includes: Allocated Personal Tutor, Caspari membership: annual journal, discounts on tickets to Caspari CPD and member's only events.

Access to Caspari's library and Study Support sessions.

# Applicants

This course is suitable for teachers, educational psychologists, learning mentors, nurture group practitioners and others working with children and young people.

## Entry requirements

- Experience of working in an educational setting (or be willing to gain this)
- Level 6 / degree qualification
- Personal suitability



## Time commitment

- Weekly sessions throughout school term time - Thursdays 5.45 -9.05pm
- Study time : Approx. 2-3 hours per week for note taking, reading & prep for seminars
- 1 hour per week for observation of children in a classroom setting or delivery of the Caspari Therapeutic Teaching intervention
- Tutorials with Personal Tutor: 4 sessions of 1 hour over each academic year

# You will be trained in the following application of Educational Psychotherapy

- Caspari Therapeutic Teaching intervention – a unique 121 intervention focused on reading, writing and maths

Module number	Module name	Formal Assessment requirements *
1	Theoretical concepts in Educational Psychotherapy	2500 word assignment
2	Attachment Theory	2500 word assignment
3	Work Discussion	2500 word assignment

\*To receive the Caspari Certificate in Therapeutic Teaching, students must pass these assignments.

Alternatively, students can opt for a certificate of unassessed Continuous Professional Development (CPD)

# Course content

## Theory seminars

- Educational Psychotherapy
- Psychoanalytic theory
- Attachment theory
- Diversity Equity and Inclusion

## Discussion seminars

- Work Discussion seminars – this includes Caspari Therapeutic Teaching intervention

# EDUCATIONAL PSYCHOTHERAPY INFORMATION FOR ADULTS

At Caspari Foundation we understand that emotions and learning need to be thought about together.

Educational Psychotherapy (EPT), is a way of working with children and young people aged 4 -18 that does just that.

## for children aged 4 -18

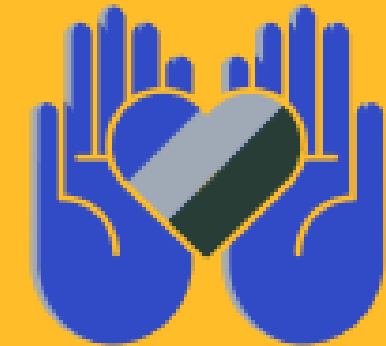


Educational Psychotherapists use a combination of learning and creative tasks to get to know a child, understand their unique needs and support growth and development in a range of areas, including:

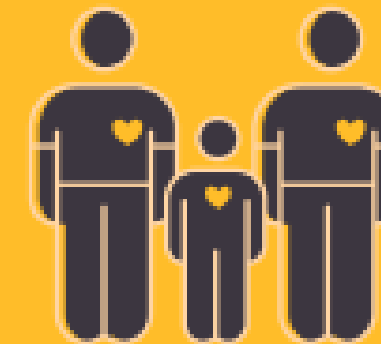
- Academic learning
- Social learning
- Emotional wellbeing
- Relationships

Educational Psychotherapy can:

- Support children and young people to explore and make sense of life experiences that may get in the way of their learning and development.
- Help children and young people develop their reading, writing and maths skills and increase their confidence and self-esteem.



The relationship between therapist and child is at the heart of this work. Connecting with parents, teachers and other adults in the child's life is important too.



### Educational psychotherapy helps every child experience the joy of learning

Caspari Foundation trains Educational Psychotherapists and our training is accredited by the United Kingdom Council for Psychotherapists (UKCP).

Our therapists work in schools, private practice and other settings and are members of the UKCP and Caspari Foundation.

Find out more at [caspari.org.uk](http://caspari.org.uk)



# Reasons to choose this course

- Enhance your understanding of emotional aspects of teaching and learning and the child's experience
- Learn how early life experiences can impact on emotional development and learning
- Gain a grounding in psychoanalytic theory, attachment theory and their practical applications to the teaching and learning environment
- Learn and practice the Caspari Therapeutic Teaching intervention.

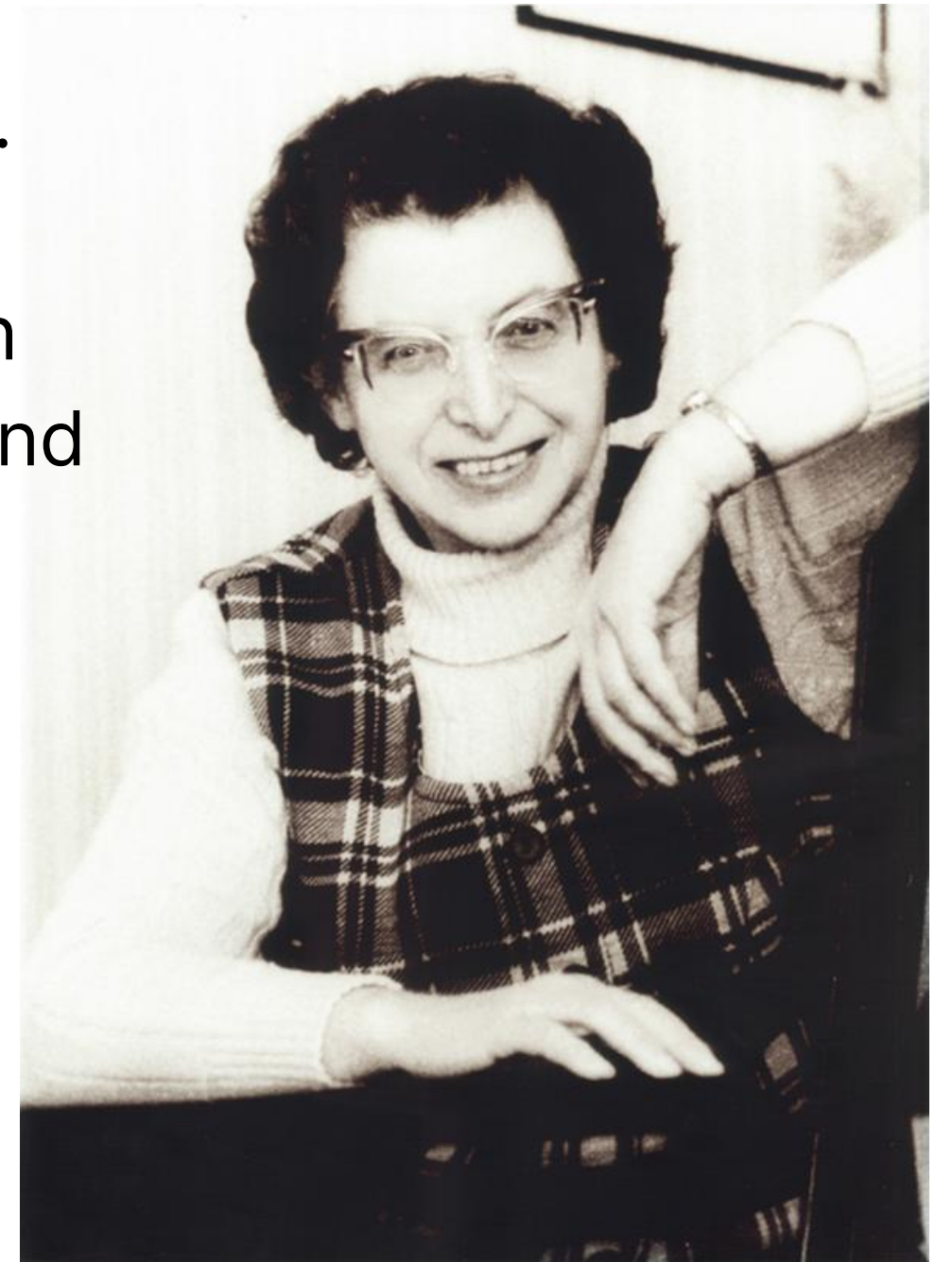
# History

Irene Caspari started her career as a teacher and ended it as Principle Educational Psychologist at the Tavistock clinic.

She developed Educational Therapy- a way of working with children with reading difficulties that involved educational and psychoanalytic understanding.

She developed the method with others, forming a separate Forum for the Advancement of Educational Therapy (FAET) in 1972 and later, Therapeutic Teaching.

From this work, training evolved to become our current Advanced Diploma in Educational Psychotherapy.



Irene Caspari  
1915 - 1976

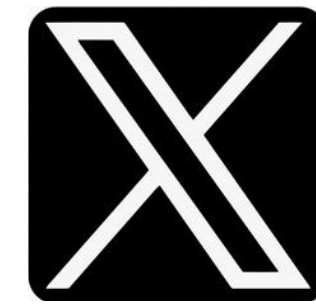
## Interested?

Speak to our Course Director  
Lynsey Daniels  
courses@caspari.org.uk

Sign up for our newsletter  
by joining our mailing list.  
See [www.caspari.org.uk](http://www.caspari.org.uk)

Come to an online Open Evening-  
see our website and socials for details.

Follow us on social media -



**[Apply now!](#)**

Download an application form from our website